

Affiliated Clinics: SMG Primary Care, SMG Women's and Family Health, SMG Specialty Care, SMG Mancos Valley, SMG Pulmonary and Sleep, Southwest Walk-In Care, Southwest School-Based Health Center

NOTICE TO OUR PATIENTS

Thank you for choosing us as your healthcare provider. We look forward to providing an office environment and provider relationship that meets you and/or your family's medical needs.

Items to bring to your first appointment:

- 1. Driver's license or other photo identification.
- 2. All insurance cards.
- 3. Co-pays or payment in full at the time of your visit if you are not covered by insurance.
- 4. Actual bottles of all medications (prescribed and over the counter) that you are currently taking.

No-Show Policy

Our policy is to call patients the business day prior to their scheduled appointment to remind them of the appointment date and time. We perform these calls as a courtesy to our patients and to allow us the opportunity to reschedule the time slot should the appointment not be necessary. A phone call from you to cancel your appointment will allow us to schedule another patient that needs to be seen. Recognizing that everyone's time is valuable and that appointment time is limited, we ask that you provide **24 hours notice** if you are unable to keep your appointment. This will allow us to call one of our patients on a waiting list to fill the available slot on the schedule.

To improve care for our patients, we will track all "No-Show" visits. Each patient will be allowed to miss two scheduled appointments within a **one year period** without penalty. Once a third appointment is missed, the patient will be at risk of being discharged from the practice or the Southwest Medical Group. To prevent this from happening, patients shall receive a letter each time they no-show for an appointment reminding them of our no-show policy.

For the purposes of this policy, a no-show appointment is defined as follows:

- 1. An appointment which is missed by the patient without any advance notice.
- 2. An appointment that is cancelled less than 24 hours prior to the scheduled appointment time.
- 3. An appointment in which the patient arrives 10 minutes or more beyond the scheduled appointment time.

Failure to show for the initial "new patient" appointment may eliminate your opportunity to establish care as a new patient.

Rx Refill Policy

Our policy is to refill patient prescriptions within 72 (business) hours of receiving the request. Please do not wait until you are completely out of medication or you will likely do without until the refill can be processed.

Signed (signature required):

Patient, Parent or Legal Guardian:_____

Date: _____



| | NEW PATIENT / HISTOR | Y INFORMATION | | |
|--------------------------------------|----------------------|-----------------|---------|---------------|
| Date: | - | | | |
| Patient Name: First Name | Middle Nan | ne La | st Name | |
| Date of Birth: | | | Male | Female |
| Street Address: | | | | |
| Mailing Address (if different): | | | | |
| Best Contact Number: | | | | |
| Home Phone: Cell | | Work Phone: | | |
| Email Address: | | | | |
| Would you like to sign up for our Se | | | | |
| Social Security # | Primary | Care Physician: | | |
| Language: Rac | | | | |
| African American / Asian / Chinese | - | | | |
| Marital Status: [Single Married | | - | | - |
| Occupation: | | - | Re | etired? Y / N |
| Patient's Employer: | | | | |
| Business Address: | | | | |
| Name of Primary Insurance: | | | | |
| Member ID#: | | #: | | |
| Name of Secondary Insurance: | | | | |
| Member ID#: | Group# | | | |
| Patient's Relationship to Insurance | | | | |
| In case of Emergency, who shou | | | | |
| Relationship to Patient: | | | | |
| | | | | : |
| First Name | Middle Name | Last Name | | |



OB/PRENATAL

QUESTIONNAIRE

(Confidential)

| Patient Name: | Date of Birth: |
|---------------|----------------|
| | |

Referred By:
Self Friend Dr.
Other:

OB provider preference:

CURRENT MEDICATIONS AND ALLERGIES

If you are currently taking any medication(s), or have taken any since you have been pregnant (include any Over the Counter Medications), please complete the information about these drugs below:

| Name of Medication | Date Started/Recent Dose | Reason for Taking | Prescribing Doctor's Name |
|---------------------|--------------------------|-------------------|---------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Preferred Pharmacy: | - | Location: | |

Please list any known allergies and what type of reactions:

OB INITIAL INTAKE

| Positive Urine Pregnancy Test by: \Box self | \Box other: _ | Occupation: | |
|---|-----------------|-------------------------------|--|
| Type of work: | Educati | on (highest level completed): | |
| If you do heavy labor or exercise, please of | describe: _ | | |

Number of children at home:

Please list people living in household with you:

M/H the father of the help he involved

| Age | Relation to You |
|-----|-----------------|
| | |
| | |
| | |
| | |
| | |
| | |
| | Age |

Planned Hospital of Delivery (if other than Southwest Memorial):

Planned Newborn's Provider (if other than your Southwest Medical Group provider):

FATHER OF BABY (FOB)

| will the lather of the baby be involved? | |
|--|---------------------------------|
| If yes, name of husband/father of baby: | FOB Occupation: |
| FOB Phone Number: | FOB Highest level of Education: |

Page 1 of 5



Was this pregnancy unplanned? \Box Yes \Box No

Are you or the baby's father unhappy about this pregnancy?
Yes No If yes, who: _____

Have you ever tried, but could not get pregnant for over 1 year?
Ves
No
MENSTRUAL HISTORY

Date LAST menstrual period (LMP) began: ____ / ___ /20____ LMP character: Light Normal Heavy How certain are you of the month? Very certain Unsure Of the date? Very certain Unsure Do you know the date of conception? Yes No If yes, what date? ____ / 20___ Menarche (age when periods began): _____ Menses Interval (how many days between periods): _____ Days Approximate length of menstrual flow: _____ Days Were you on Birth Control Pills at conception? Yes No If yes, date you took last pill: _____ If you used another method of birth control just before or since your LMP, what was it? _____ Date of Home Pregnancy Test: _____ /20____ Pre-Pregnancy Weight: _____ Ibs. Symptoms since LMP: amenorrhea (no menses) nausea vomiting fatigue irritability bloating tender breasts urinary frequency other: ______ Have you experienced any of the following since your LMP? Pain: Yes No If yes, please explain: ______

Bleeding:
Yes No Spotting:
Yes No Discharge:
Yes No

Any other medical problem or accidents since your LMP? ____

PAST MEDICAL HISTORY

| Did you have diabetes, high blood pressure, bleeding, depression or any other medical problem during a |
|--|
| previous pregnancy? Ves No If yes, list the problems: |
| Are you on a special diet? Yes No If yes, what type: |
| Do you have any abnormality of female organs (uterus/cervix)? Yes No |
| If yes, please explain: |
| Date of last pap smear: / /20 |
| Have you ever had an abnormal pap smear? Yes No |

Idve you even had an abhornar pap smear: 1 res 1 No

| Disease/Condition | Yourself | Baby's Father | Family Members |
|-----------------------------------|----------|---------------|----------------|
| Asthma/Lung Problems/Tuberculosis | | | |
| Cancer (What type?) | | | |
| Convulsions (Epilepsy) | | | |
| Diabetes | | | |

| SOUTHWEST MEDICAL GROUP WOMEN'S AND FAMILY HEALTH An Affiliate of Southwest Hea | MILY MEDICINE STETRICS NECOLOGY Ith System | |
|--|---|--|
| Drinking problems | | |
| Heart trouble below age 50 | | |
| High Blood Pressure | | |
| Kidney Disease | | |
| Thyroid trouble | | |
| Trouble with Nerves/Depression | | |

SOCIAL HISTORY/RISK FACTORS

| What is your religious preference? | FOB's religious preference? |
|--|-----------------------------------|
| Do you smoke cigarettes? □ Yes □ No If yes, how much? | For how many years? |
| Do you use any other tobacco products? \Box Yes \Box No $~$ If yes | es, what type? |
| Do you drink alcohol? \Box Yes \Box No $$ If yes, what type of drin | ks? How much in one week? |
| Have you or any of your sexual partners ever used any str | eet drugs? Yes No If yes, who? |
| If yes, did either of you ever inject (shoot up) any drugs? | Yes D No If yes, type? |
| | |

Within the past year, have you been threatened or physically hurt by someone in any way? □ Yes □ No Since being pregnant? □ Yes □ No If yes, please explain:

Have you been forced to perform any sexual act that you did not want to do?
Yes No If yes, please explain:

PAST PREGNANCY HISTORY

Please list details for all of your previous pregnancies below. If this is your FIRST pregnancy, please skip to Genetic History section.

| Child's Name | Date of Birth | Birth Weight | Sex | Type of Delivery | Location | Complications |
|-----------------|------------------|-----------------|---------|-------------------------|----------|---------------|
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |
| | | lbs. oz. | □ M □ F | □Vaginal □C- Section | | |



| | lbs. | oz. | \Box M \Box F | □Vaginal □C- Section | |
|--|------|-----|-------------------|-------------------------|--|
| | lbs. | oz. | □ M □ F | □Vaginal □C- Section | |

Did you experience early labor or were any babies premature or overdue?
□ Yes □ No

If yes, how many weeks? _____

| Did you ever lose a pregnancy (by | abortion, miscarriage, | stillbirth, or ectopic | (tubal) pregnancy? | Yes 🗆 No |
|-----------------------------------|------------------------|------------------------|--------------------|----------|
| If yes, dates and type: | | | | |

Did you ever lose a child that was born alive? \Box Yes \Box No

Were any of your babies born breech? \Box Yes \Box No

Were any of your babies born with birth defects or deformities?
Ves
No If yes, list: _____

Did any of your babies develop jaundice, infection, or any other problems during the first two weeks of life?

□ Yes □ No If yes, please explain: ____

GENETIC HISTORY

Will you be 35 years or older at the time the baby is born? \Box Yes \Box No

| Disease/Condition | Yourself | Baby's Father | Family Members |
|--|----------|---------------|----------------|
| Thalassemia (blood disorder) | | | |
| Neural Tube Defect | | | |
| Down's Syndrome | | | |
| Tay-Sachs (rare nerve disorder) | | | |
| Sickle Cell Disease/Trait | | | |
| Hemophilia | | | |
| Muscular Dystrophy | | | |
| Cystic Fibrosis | | | |
| Huntington's Disease | | | |
| Mental Retardation | | | |
| Fragile X | | | |
| Other Genetic/Chromosomal | | | |
| Other Birth Defects/Inherited Diseases | | | |
| (cleft lip, clubfoot, or any others) | | | |

Please indicate if you, the baby's father, or any family members have or have experienced any of the following:

Page 4 of 5

| SOUTHWEST MEDICAL GROUP WOMEN'S AND FAMILY HEALTH An Affiliate of Southwest Heal | MILY MEDICINE STETRICS NECOLOGY Ith System | |
|---|---|--|
| Hearing loss in infancy | | |
| More than 3 miscarriages | | |
| History of Stillbirth | | |
| Multiple Births (twins, triplets, etc.) | | |
| Come from the Philippines, | | |
| Mediterranean Area, or S.E. Asia | | |
| Lived in Africa or Haiti | | |

INFECTION HISTORY

Are you at risk for Hepatitis B (multiple partners, IV Drug use, partners with Aids, etc)? Yes No Have you been immunized against Hepatitis B? Yes No Have you ever been exposed to TB? Yes No Do you have a history of Genital Herpes? Yes No Have you had a sexual partner with Genital Herpes? Yes No Have you ever had a STD (Gonorrhea, Chlamydia, Syphilis, HPV)? Yes No If yes, type: ______ Since your LMP, have you had a fever, rash or viral illness? Yes No If yes, type: ______ Are you exposed to cat litter? Yes No Have you had the chicken pox? Yes No Or the vaccine? Yes No Have you ever had Parvovirus (Fifth Disease)? Yes No

Do you have occupational exposure to children?

Yes No
If yes, which?

Daycare
Teacher
Other:

ENVIRONMENTAL EXPOSURES

Are you exposed to X-rays? □ Yes □ No Are you exposed to chemicals or other hazardous materials? □ Yes □ No

Comments:_____

Patient Signature: _____

Date: _____

Page 5 of 5



CONSENT FOR OB PATIENT DRUG AND/OR ALCOHOL TESTING

Patient's Name: _____

Date of Birth:

Thank you for choosing us to provide your maternity care. In order to help you and your physician make better decisions regarding your prenatal treatment, it is our policy to perform drug and/or alcohol screening for all initial obstetrics visits. Additional or repeat screening may be performed as deemed necessary by your physician for the duration of your maternity care with our office.

By my signature below, I acknowledge that I have read and understood the information in this consent. Further, I acknowledge that I have given consent for the performance of drug and/or alcohol testing as deemed necessary by my physician or his/her designee. Testing will be performed by employees of Southwest Health System, Inc. Results of testing will be released as needed for appropriate medical treatment.

| Signature:Date: | |
|-----------------|--|
|-----------------|--|

If signed by other than patient, indicate relationship to patient:

This consent may be signed by a person other than the patient, only under the following circumstances:

- 1. The patient is under 12 years of age or, as a result of his/her physical condition, is unable to provide consent.
- 2. The person who consents to the testing on the patient's behalf is lawfully authorized to make healthcare decisions for the patient.
- 3. It is necessary to obtain the patient's test results in order to render appropriate care to the patient or to practice prevention measures per Health and Safety Codes section 119.27



Cystic Fibrosis/Spinal Muscular Atrophy/Fragile X Carrier Testing

As of March 2017, the American College of Obstetrics and Gynecology recommends that carrier screening for both Cystic Fibrosis and Spinal Muscular Atrophy be made available for all patients who are pregnant or considering pregnancy. We also offer genetic carrier testing for Fragile X Syndrome.

Cystic Fibrosis (CF) is characterized by the buildup of thick, sticky mucus that can damage many of the body's organs. The disorders most common signs and symptoms include progressive damage to the respiratory system and chronic digestive system problems. The features of the disorder, and their severity, varies among affected individuals. CF does not affect a person's learning ability or his/her appearance. More than 25,000 American children and young adults have CF; about 850 cases of CF are diagnosed each year.

Spinal Muscular Atrophy (AMA) is a disorder that affects the control of muscle movement. It is caused by a loss of specialized nerve cells, called motor neurons, in the spinal cord and the brainstem. The loss of motor neurons leads to weakness and atrophy of muscles used for activities such as crawling, walking, sitting up and controlling head movement. In severe cases of SMA, the muscles used for breathing and swallowing are affected. There are many types of spinal muscular atrophy distinguished by the pattern of features, severity of muscle weakness, and age when the muscle problems begin.

Most people have two normal copies of these genes. Carriers have one normal and one abnormal gene. CF and AMA are autosomal recessive conditions (meaning you get one abnormal gene from each parent) found more commonly in individuals of Caucasian decent. When both parents are carriers (one normal and one abnormal copy of the gene) there is a 25% chance to have an affected child with each pregnancy. An affected child has two abnormal copies of the gene. If both parents are documented carriers, prenatal diagnosis is available via more invasive specialized testing (amniocentesis or CVS).

Fragile X Syndrome is a genetic disorder with symptoms of mild to moderate intellectual disability and unusual physical features such as large ears, narrow long face and flexible fingers. It is typically more severe in males compared to females and is twice as common in males (1-3600 males). There are often features of autism and seizures as well. This disorder is due to genetic mutations of the X gene.

Cost and insurance coverage for genetic carrier testing depends upon your insurance policy. Insurance companies may or may not cover the cost of testing. If you choose to have the testing and it is not covered by your insurance company, you would be responsible for the cost.

My provider has reviewed the above with me and answered my questions.

____ No, I am not interested in CF/SMA/Fragile X Carrier testing.

____ Yes, I would like to have CF/SMA/Fragile X Carrier testing.

| Patient Signature: | Date: |
|---------------------|-------|
| Provider Signature: | Date: |

NUMBER: 40-01-13-24 PAGE: 1 OF: 3

DEPARTMENT: Infection Control

CONSENT FOR THE HIV TEST

Patient's Name:

_ MR#: _____

I am consenting to be tested to see whether I have been infected with the Human Immunodeficiency Virus (HIV) which is the probable causative agent of Acquired Immune Deficiency Syndrome (AIDS).

THE MEANING OF THE TEST: This test is not a test for AIDS, but only for the presence of HIV. Being infected with HIV does not mean that I have AIDS or that I will have AIDS or other related illnesses. Other factors must be reviewed to determine whether I have AIDS.

Most test results are accurate, but sometimes the results are wrong or uncertain. In some cases the test results may indicate that the person is infected with HIV, when the person is not (false positive). In other cases the test may fail to detect that a person is infected with HIV, when the person really is (false negative). Sometimes, the test cannot tell whether or not a person is infected at all. If I have been recently infected with HIV, it make take some time before a test will show the infection. For these reasons, I may have to repeat the test.

CONFIDENTIALITY: State law limits the disclosure of my HIV test results. Under the law, no one but my physician and care givers are told about the test results, unless I give specific written consent to let other people know. Additionally, physicians may inform my spouse, any sexual partner(s) or needle sharing partner(s) or the county health officer, if a physician thinks it is necessary. All information relating to the test is kept in my medical records.

BENEFITS AND RISKS OF THE TEST: The test results can help me make better decisions about my healthcare and my personal life. The test results can help me and my physician make decisions concerning medical treatment, if the results are positive. I know that I can infect others and I can act to prevent this.

Potential risks of the test include psychological stress while awaiting the results and distress, if the results are positive. Some persons have had trouble with jobs, housing, education or insurance when their test results have been made known.

MORE INFORMATION: I understand that before I decide to take this test, I should be sure that I have had the chance to ask my physician any questions I may have about the test, its meaning, its risks and benefits and any alternatives to the test.

By my signature below, I acknowledge that I have read and understood the information in this form, that I have been given all of the information I desire concerning the HIV test, its meaning, expected benefits, possible risks and any alternative to the tests, and that I have had my questions answered. Further, I acknowledge that I have given consent for the performance of a test to detect HIV.

Date: _____ Time: _____ AM/PM

Signature: _____

(patient/parent/conservator/guardian)

If signed by other than patient, indicate relationship*

Witness:

*This consent may be signed by a person other than the patient, only under the following circumstances:

- 1. The patient is under 12 years of age or, as a result of his/her physical condition, is incompetent to consent to the HIV antibody blood test, and
- The person who consents to the test on the patient's behalf is lawfully authorized to make healthcare decisions for the patient, (i.e., an attorney-in-fact appointed under the Durable Power of Attorney for Healthcare, the parent or guardian of a minor, an appropriately authorized conservator, or under appropriate circumstances, the patient's closest relative, and
- 3. It is necessary to obtain the patient's HIV antibody test results in order to render appropriate care to the patient or to practice preventative measures per Health and Safety Codes section 199.27.



AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS

| Patient Name: | Phone Number: |
|---|---|
| Address: | Date of Birth: |
| | Last 4 digits SSN#:(optional) |
| I,, hereby authorize di | sclosure of my protected health information as follows: |
| RELEASE FROM: | |
| Facility, Person, Provider: | Phone Number: |
| Address: | - Fax Number:* |
| | E-mail: |
| RELEASE TO: | (e-mailed information will be encrypted) |
| Facility, Person, Provider: | Phone Number: |
| | Fax Number:* |
| Address: | E-mail: |
| | E-mail: |
| *SHS DOES NOT FAX PERSONAL HEALTH INFORMATION TO HOME FAX MACHINES | |
| Information to be released: From (date) to (date) | |
| Office Visit Notes - Clinic Diagnostic Imaging Reports Dischar | ency Room Records History and Physical rge Summary Pathology Reports lance Run Reports Sleep Lab Reports |
| Purpose of Release: Medical Care Transferring Care Attorney Personal B | Records 🗌 Other: |
| Sensitive Information: I understand by checking any boxes below, I have given permission Care, or Drug and Alcohol Treatment, which is protected by federal law 42 CFR Part 2. (If the | |
| Diagnosis and/or treatment relating to drug or alcohol abuse Diagnosis and/or treatment relating to mental health conditions Diagnosis and/or treatment relating to HIV testing, infection or diagnosis and/or treatment | ment for AIDS |
| Right to Revoke : I understand that I may revoke this Authorization at any time by noti revocation will not have any effect on actions taken prior to receipt of the revocation. | fying Southwest Health System, Inc., in writing. I understand that |
| Expiration: This Authorization will automatically expire 180 days from the date of my signa | ture, unless otherwise specified as follows:(date). |
| Re-Disclosure: I understand that the information used and/or disclosed according to this A known as HIPAA, and the recipient of the health information may potentially re-disclosed Requirements, 42 CFR Part 2, the recipient may be prohibited from disclosing identifiable sub- | e it. However, under the Federal Substance Abuse Confidentiality |
| With my signature below, I acknowledge and authorize Southwest Health System, I described above. I understand that my treatment, payment, enrollment or eligibility for | nc., to use and/or disclose my protected health information as benefits will not be conditioned on signing this Authorization. |
| Patient name printed: | Date of Signature:/Time: |
| Patient signature: | _ |
| Patient representative name printed: | _ |
| Patient representative signature: | / Relationship to Patient: |