

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Referred By:  Self  Friend  Dr. \_\_\_\_\_  Other: \_\_\_\_\_

Reason for Visit:  GYN Annual Exam  Abnormal Pap Smear  Other: \_\_\_\_\_

### MENSTRUAL HISTORY

Date **LAST** menstrual period **began**: \_\_\_\_\_ / \_\_\_\_\_ /20\_\_\_\_\_

Age (or grade) when periods **began**: \_\_\_\_\_ Were they regular at first?  No  Yes

Did you have cramps at first?  No  Yes Did you miss school?  No  Yes

Length of periods as a teenager: \_\_\_\_\_ days Were periods usually or ever regular?  No  Yes

Frequency of your periods now:  Monthly  Every \_\_\_\_\_ Days Length of periods now: \_\_\_\_\_ Days

As you got older, were your cramps...  Better  Worse  The Same?

Do you have mid cycle pain/cramping?  No  Yes

Do you use:  Tampons  Pads  Both Change every \_\_\_\_\_ hours with heaviest flow

Do you douche?  No  Yes – how often? \_\_\_\_\_ Do you spot between periods?  No  Yes

Do you take medication for cramps now?  No  Yes

What kind?  Ibuprofen  Birth Control Pills  Other \_\_\_\_\_

If you are no longer having periods, age of Menopause: \_\_\_\_\_ Or age at Hysterectomy: \_\_\_\_\_

Have you ever had hot-flashes or night sweats?  No  Yes

Have you ever taken hormone replacement therapy or estrogen?  No  Yes

### GYNECOLOGIC HISTORY

Is this your first pelvic examination?  Yes  No

Date of last Pap smear: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ by ? \_\_\_\_\_

Have you ever had an abnormal pap smear?  No  Yes – when? \_\_\_\_\_

How was the abnormal pap evaluated or treated?  Colposcopy  LEEP  Cone Bx  Cryo

Have you ever had Chlamydia?  Yes  No

Have you ever had Gonorrhea?  Yes  No

Have you ever had Herpes?  Yes  No

Have you ever had Syphilis?  Yes  No

Have you ever had:  Yeast  Trichomonas  Gardnerella (BV)  Genital (Venereal) Warts

Number of lifetime sexual partners (for Medicare risk classification):  None  One  2-4  > 5

Have you ever had breast problems?  No  Yes

**If yes, what problems?** \_\_\_\_\_

Do you do self-breast exams?  Yes  No

**CONTRACEPTIVE HISTORY**

*(If you have never had intercourse, please skip this section)*

What are you using for birth control **NOW**?  Nothing  Pill  Condoms  Depo-Provera

Diaphragm  IUD  NuvaRing  Implant  Patch  Tubal Sterilization

Partner had Vasectomy

Are you satisfied with your current birth control?  No  Yes

What other methods have you used in the past?  Pills  Condoms  Depo-Provera  Diaphragm

IUD  Implant  Patch  NuvaRing

Have you ever had problems with other methods?  No  Yes

If yes, please describe? \_\_\_\_\_

Do you have pain with intercourse?  No  Yes Do you have bleeding with intercourse?  No  Yes

**SYSTEM REVIEW**

Please check if any of the following **CURRENTLY** apply to you:

**Constitutional**

- Unexplained weight loss
- Unexplained weight gain
- Fever
- Fatigue
- Cancer of any type

**Eyes**

- Double vision
- Vision changes
- Glaucoma  Cataracts
- Contacts
- Glasses

**ENT/Mouth**

- Ear aches
- Ringing in ears
- Sinus problems
- Sore throat
- Mouth sores
- Hearing loss

**Cardiovascular/Vascular**

- Chest pain  Shortness of breath
- Swelling of legs
- Palpitations of heart
- Heart trouble or murmur
- Stroke
- High blood pressure

**Respiratory**

- Wheezing
- Coughing up blood
- Asthma
- Cough – chronic
- Pneumonia
- Tuberculosis

**Gastrointestinal**

- Diarrhea, frequent
- Bloody stools
- Ulcers or reflux/indigestion
- Nausea, vomiting
- Constipation
- Hemorrhoids

**Urinary**

- Blood in urine
- Pain with urination
- Urgency
- Frequency of urination
- Incomplete emptying
- Leaky bladder
- Previous kidney infections/stones
- Previous bladder infections

**Musculoskeletal**

- Muscle weakness
- Arthritis/joint pain

**Breast**

- Pain in breast
- Discharge
- Lumps

**Skin**

- Rash
- Ulcers

**Neurological**

- Dizziness
- Headaches
- Migraines
- Migraines with Aura
- Numbness/weakness
- Trouble walking
- Seizures/epilepsy

**Psychiatric**

- Depression
- Anxiety
- History of eating disorder

**Endocrine**

- Thyroid disease
- Diabetes

**Hematologic/Lymphatic**

- Bruises, frequent
- Cuts do not stop bleeding
- Enlarged lymph nodes
- Blood clots in legs or lungs
- Hepatitis/Jaundice
- Anemia (low blood count)

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Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_